



# Posey<sup>®</sup>

## SkinSleeves™ Protectors Checklist (Arm Application)

### Facility Information

Facility Name:

Street Address:

City / State  
/ Zip Code:

Instructor:

Signature:

### Contact Information

Name:

Title:

Nursing Unit:

Date:

**Competency Level Definition** - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently

Description	Competency Level	Date	Comments																											
<p>1. Select the appropriate size SkinSleeves protector. SkinSleeves protectors are intended to fit as a comfort product. Actual fit will depend on individual anthropometric measurements and patient comfort level. Posey regular SkinSleeves protectors will stretch up to 100% in size (combination of both width and length). Padded sizes have limited stretchability.</p> <table border="1"> <thead> <tr> <th>CAT. NO.</th> <th>SIZE/COLOR BAND LENGTH FOR A COMFORT FIT</th> <th>RECOMMENDED ARM CIRCUMFERENCE</th> </tr> </thead> <tbody> <tr> <td>6000S</td> <td>Arm - Small/Red 15½" (39½ cm)</td> <td>8½" (21½ cm)</td> </tr> <tr> <td>6003S</td> <td>Arm - Small/Red 15½" (39½ cm)</td> <td>8½" (21½ cm)</td> </tr> <tr> <td>6000</td> <td>Arm - Medium/Green 16½" (42 cm)</td> <td>11" (28 cm)</td> </tr> <tr> <td>6000B</td> <td>Arm - Medium/Green 16½" (42 cm)</td> <td>11" (28 cm)</td> </tr> <tr> <td>6002</td> <td>Arm - Medium/Green 16½" (42 cm)</td> <td>11" (28 cm)</td> </tr> <tr> <td>6003</td> <td>Arm - Medium/Green 16½" (42 cm)</td> <td>11" (28 cm)</td> </tr> <tr> <td>6000L</td> <td>Arm - Large/Yellow 18" (46 cm)</td> <td>11" (28 cm)</td> </tr> <tr> <td>6000XL</td> <td>Arm - X-Large/Blue 20" (51 cm)</td> <td>13" (33 cm)</td> </tr> </tbody> </table>	CAT. NO.	SIZE/COLOR BAND LENGTH FOR A COMFORT FIT	RECOMMENDED ARM CIRCUMFERENCE	6000S	Arm - Small/Red 15½" (39½ cm)	8½" (21½ cm)	6003S	Arm - Small/Red 15½" (39½ cm)	8½" (21½ cm)	6000	Arm - Medium/Green 16½" (42 cm)	11" (28 cm)	6000B	Arm - Medium/Green 16½" (42 cm)	11" (28 cm)	6002	Arm - Medium/Green 16½" (42 cm)	11" (28 cm)	6003	Arm - Medium/Green 16½" (42 cm)	11" (28 cm)	6000L	Arm - Large/Yellow 18" (46 cm)	11" (28 cm)	6000XL	Arm - X-Large/Blue 20" (51 cm)	13" (33 cm)			
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2. Beginning with upper arm opening, roll inside edge of the SkinSleeves protector outwards; continue to roll until you reach the thumb opening.																														
3. Slip the arm opening of the SkinSleeves protector over the patient's hand, fitting the patient's thumb through the thumb hole.																														
4. Unroll the SkinSleeves protector back up over the arm. Adjust to desired placement.																														
5. If desired, the patient's thumb can be removed from the thumb opening and the SkinSleeves protector "rolled up" on the wrist to uncover the palm.																														
6. Perform routine skin assessments based on your hospital's policy and procedure.																														