

**2700Q** Universal QR, single strap cuff, regular size.

**2700QL** Universal QR, single strap cuff, large size.

Facility		Contact	
Facility Name		Name	
Street Address		Title	
City/State/Zip		Nursing Unit	
Instructor		Date	
Signature			

The order of either application of the straps to the bed OR applying the cuff to the patient is to be determined by the clinician/physician depending on the situation.  
NOTE: ALWAYS secure both wrists to help prevent patient release.

Description	Competency Level	Date	Comments
Competency Level Definition: (1) Needs remediation and re-evaluation (2) Performs skill with accuracy under supervision (3) Performs skill with accuracy independently			
<b>APPLICATION OF CONNECTING STRAP ENDS TO THE BED OR STRETCHER/GURNEY (Repeat steps 1 to 2 for each side):</b>			
1. Wrap the connecting strap at least once around a movable part of the bed or stretcher/gurney, and out of the reach of the patient. Make sure that the connecting strap moves with the patient when the bed height and/or the incline/decline features are in use. If buckle does not fit an opening, use the alternate method by making a loop in the strap to close the female end of the buckle. Place the strap under the attachment point with the loop on the opposite end of the female buckle, then insert the male buckle through the loop and connect to the female buckle. Close the gray quick-release buckle by sliding the male end into the female end. The gray QR buckle will only release when applying pressure on all three buttons.			
2. Once the buckle is in place and the strap is secured to the bed, pull on the excess strap end to adjust to the desired length between the cuff and the attachment point. Tie an overhand knot with the excess strap directly below the QR buckle to limit any unwanted adjustment. Secure the remaining strap end(s) out of the reach of the patient.			

Description	Competency Level	Date	Comments
Competency Level Definition: (1) Needs remediation and re-evaluation (2) Performs skill with accuracy under supervision (3) Performs skill with accuracy independently			
<b>APPLYING THE CUFFS (Repeat steps 1 to 4 for each side):</b>			
1. Wrap the neoprene piece around the ankle or wrist of the patient. Attach the black hook-and-loop pieces together, followed by the colored hook-and-loop pieces. The loop piece should be sandwiched between the two pieces of hook. Be sure to overlap at least one inch (3cm).			
2. Press the hook-and-loop closure together firmly and make sure it adheres securely. Slide one finger (flat) between the cuff and the inside of the patient's ankle or wrist to ensure proper fit.			
1. Open the buckle and then twist the male end once before 2 inserting back in place with the female end. Secure the male and female ends of the cuff's quick-release buckle, listen for "clicking" sound.			
2. Adjust the connecting strap(s) length from the bed to allow desired freedom of movement without compromising patient or caregiver safety. Ensure the remaining strap end(s) are secured and out of the reach of the patient.			

Description	Competency Level	Date	Comments
Competency Level Definition: (1) Needs remediation and re-evaluation (2) Performs skill with accuracy under supervision (3) Performs skill with accuracy independently			
<b>TO LIMIT LOWER LIMB RANGE OF MOTION:</b>			
1. Attach the cuff that is secured to the bottom right side of the bed to the left ankle.			
2. Criss-cross the straps and attach the cuff secured to the bottom left side of the bed to the right ankle.			
3. Adjust connecting straps as necessary.			