

# 5th Point Restraint 2219, 2219L CHECKLIST



Facility		Contact	
Facility Name		Name	
Street Address		Title	
City/State/Zip		Nursing Unit	
Instructor		Date	
Signature			

Description	Competency Level	Date	Comments
Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently			
<b>2219</b> Propylene 5th Point Restraint Belt with quick-release buckles <b>2219L</b> Nylon/Lycra Locking 5th Point Restraint Belt			
<b>APPLICATION INSTRUCTIONS:</b> <b>⚠WARNING</b> Before each use, check for tears, fraying or excessive wear; or cracked or broken buckles or locks; and/or that hook and loop adheres securely. Discard if device is damaged.  If you have any questions about patient safety, ask the appropriate medical authority for alternatives.  Make sure patient wears proper undergarments to protect skin.			
<b>2219-Quick-Release and Locking</b> (repeat steps 2-4 on each side) 1. Position the belt over the patient's thighs, pelvis or chest.			

Rx ONLY

Before use, make sure to read the instructions accompanying the product. A copy of the instruction sheet is included with the product and can also be downloaded at [www.posey.com](http://www.posey.com).

Posey Company • 5635 Peck Road, Arcadia, CA 91006-0020 USA • Phone: 1.800.447.6739 • Fax: 1.800.767.3933 • [www.posey.com](http://www.posey.com)



Description	Competency Level	Date	Comments
Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently			
<p>2. 2219 - Loop the connecting strap attached to the male end of the quick-release buckle around a movable part of the bed frame, out of the patient's reach, and then close the quick-release buckle. Listen for a "snapping" sound.</p> <p>2219L - Loop the connecting strap around a movable part of the bed frame, out of the patient's reach. Pass the end of the strap through the lock. Ensure that the strap is wrapped around the frame at least once before passing the end of the strap through the lock. Leave no more than 1" (3 cm) of excess strap sticking out of the lock. Pulling on excess strap may allow the patient to damage the lock.</p>			
<p>3. 2219-Adjust the tension of the strap by releasing one side and adjusting the length of the strap between the male and female ends of the quick-release buckle. Pull firmly on straps to ensure a good connection.</p> <p>2219L- Pull firmly on the strap to verify that the lock is secure.</p>			
<p>4. The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.</p>			
<p><b>NOTE:</b> When using over the chest, the straps should go under the arms and attach at chest level, to a movable part of the bed frame. This will prevent patient from sliding down and becoming entangled.</p>			
<p><b>To Unlock Cuffs:</b></p> <p>1. Insert the Posey Key into the lock and turn counterclockwise. This will prevent jamming.</p> <p><b>⚠WARNING</b></p> <p>Posey Keys <b>MUST</b> be readily available to staff at all times. In an emergency, it is difficult to cut the cuffs with scissors to free the patient.</p>			
<p><b>NOTE:</b> Universal Posey Keys fit all Posey locks. To order extra keys, contact Posey at 1.800.447.6739, and ask for Cat. #1074.</p>			