

Twice-As-Tough™ Cuffs 2791Q - Ankle CHECKLIST



Facility		Contact	
Facility Name		Name	
Street Address		Title	
City/State/Zip		Nursing Unit	
Instructor		Date	
Signature			

Description	Competency Level	Date	Comments
Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently			
APPLICATION INSTRUCTIONS:			
⚠WARNING			
Connecting Straps Before each use, check cuffs and straps for cracks, tears, and/or excessive wear or stretch; cracked or broken buckles or locks; and/or that hook and loop adheres securely, as these may allow patient to remove cuff. Discard if device is damaged.			
If you have any questions about patient safety, ask the appropriate medical authority for alternatives.			
NOTE: ALWAYS secure both wrists to help prevent patient release.			
1. There are two attaching methods for the 2791Q.			
2. For increased range of motion: Place the cuffs in the respected position.			
3. For decreased range of motion: Wrap the straps in the middle and attach to opposite sides.			

Rx ONLY

Before use, make sure to read the instructions accompanying the product. A copy of the instruction sheet is included with the product and can also be downloaded at www.posey.com.

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Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently			
4. Wrap the connecting strap twice around a movable part of the bed frame out of the patient's reach.			
5. Close the quick-release buckle. Listen for the snapping sound.			
6. Adjust the bed strap(s) to allow the desired freedom of movement, without compromising the patient or caregiver safety.			
7. Tuck any excess strap out of reach.			
8. Position the patient on the bed.			
9. Wrap the neoprene piece around the ankle, the red side should be positioned against the patient. Slide one finger (flat) between the cuff and the patient's ankle to ensure proper fit. The cuff must be snug, but not compromise circulation.			
10. Attach the black hook and loop pieces together, followed by the red hook and loop pieces. Be sure to overlap the hook pieces by at least one inch.			
11. Close the quick-release buckle on the cuff. Release the quick-release buckle, twist, and reconnect. Listen for a "snapping" sound. Pull firmly on straps to ensure good connection.			
12. Now, repeat on the other ankle.			