

Twice-As-Tough™ Cuffs 2791 (Ankle) CHECKLIST



Facility		Contact	
Facility Name		Name	
Street Address		Title	
City/State/Zip		Nursing Unit	
Instructor		Date	
Signature			

Description	Competency Level	Date	Comments
Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently			
APPLICATION INSTRUCTIONS:			
⚠WARNING			
Connecting Straps Before each use, check cuffs and straps for cracks, tears, and/or excessive wear or stretch; cracked or broken buckles or locks; and/or that hook and loop adheres securely, as these may allow patient to remove cuff. Discard if device is damaged.			
If you have any questions about patient safety, ask the appropriate medical authority for alternatives.			
NOTE: ALWAYS secure both wrists to help prevent patient release.			
1. There are two attaching methods for the 2791.			
2. For increased range of motion: Place the cuffs in the respected position.			
3. For decreased range of motion: Wrap the straps in the middle and attach to opposite sides.			

Rx ONLY

Before use, make sure to read the instructions accompanying the product. A copy of the instruction sheet is included with the product and can also be downloaded at www.posey.com.

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4. Wrap the connecting strap to a movable part of the bed frame, out of the patient's reach, by pulling the strap back between the first and second D-ring.			
5. Adjust the bed strap(s) to allow the desired freedom of movement, without compromising the patient or caregiver safety.			
6. Tuck any excess strap out of reach.			
7. Position the patient on the bed.			
8. Wrap the neoprene piece around the ankle, the red side should be positioned against the patient. Slide two fingers (flat) between the cuff and the patient's ankle to ensure proper fit. The cuff must be snug, but not compromise circulation.			
9. Attach the black hook and loop pieces together, followed by the red hook and loop pieces. Be sure to overlap the hook pieces by at least one inch.			
10. Bring the cuff strap through the two D-rings on the cuff and then back over and in between the D-rings. Insert two fingers flat under the cuff strap and pull the strap snug, but not so tight as to restrict circulation.			
11. Repeat on the other ankle.			