

Locking Twice-As-Tough™ Cuffs 2792Q, 2792QXL CHECKLIST



Facility		Contact	
Facility Name		Name	
Street Address		Title	
City/State/Zip		Nursing Unit	
Instructor		Date	
Signature			

Description	Competency Level	Date	Comments
Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently			
2792Q Wrist pair, quick-release buckle cuff, key lock strap (color-coded blue) 2792QXL Wrist pair, quick-release buckle cuff, double key lock strap (color-coded blue)			
APPLICATION INSTRUCTIONS: ⚠ WARNING Connecting Straps (repeat steps 1-4 for each side) Before each use, check cuffs and straps for cracks, tears, and/or excessive wear or stretch; cracked or broken buckles or locks; and/or that hook and loop adheres securely, as these may allow patient to remove cuff. Discard if device is damaged. If you have any questions about patient safety, ask the appropriate medical authority for alternatives.			
1. Position the patient on the bed.			
2. For the 2792Q - Bring the ends of the strap down through the inside of the side rails so they do not interfere when the side rails are raised. Thread the end of the strap over the top, around the frame, and through the lock. Make sure that the straps are attached to a movable part of the bed frame, out of the patient's reach.			

Rx ONLY

Before use, make sure to read the instructions accompanying the product. A copy of the instruction sheet is included with the product and can also be downloaded at www.posey.com.

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<p>For the 2792QXL - Use method a. or b. below to attach straps to the bed:</p> <p>a. Triangulation process; to restrict patient's range of motion: Separate the straps and thread the end of the strap over the top, around the frame, and through the lock, at different points along a movable part of the bed frame out of the patient's reach.</p> <p>b. To increase patient's range of motion: Place the straps together, thread the end of the strap over the top, around the frame and through the lock along a movable part of the bed frame, out of the patient's reach.</p>			
3. Pull the strap snug and close the lock. Check that the lock "clicks" shut. If a lock is not completely closed, it can pop open. Before leaving the patient's side, test the lock by trying to open it without the key.			
4. Adjust the bed strap(s) to allow desired freedom of movement, without compromising patient or caregiver safety. Tuck any excess strap out of the patient's reach.			
Applying the Cuffs (repeat steps 1-3 for each limb)			
1. Wrap the neoprene piece (the blue or red side should be positioned against the skin) around the wrist/ankle. Attach the black hook and loop pieces together, followed by the blue or red hook and loop pieces. The fuzzy piece should be sandwiched between the two pieces of hook. Be sure to overlap at least one inch (3 cm).			
2. Press the hook and loop closure together firmly and make sure it adheres securely. Slide ONE finger (flat) between the cuff and the inside of the patient's wrist to ensure proper fit. The cuffs must be snug enough to prevent escape, but not interfere with circulation.			
3. Release the quick-release buckle, twist, and reconnect. Listen for a "snapping" sound. Pull firmly on straps to ensure a good connection.			
To Unlock Cuffs:			
<p>1. Insert the Posey Key into the lock and turn counterclockwise. This will prevent jamming.</p> <p>⚠WARNING</p> <p>Posey Keys MUST be readily available to staff at all times. In an emergency, it is difficult to cut the cuffs with scissors to free the patient.</p>			
<p>NOTE: Universal Posey Keys fit all Posey locks. To order extra keys, contact Posey at 1.800.447.6739, and ask for Cat. #1074.</p>			