

Limb Holders 2532A, 2551A CHECKLIST



Facility		Contact	
Facility Name		Name	
Street Address		Title	
City/State/Zip		Nursing Unit	
Instructor		Date	
Signature			

Description	Competency Level	Date	Comments
Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently			
APPLICATION INSTRUCTIONS: 1. Follow these steps to apply device (repeat steps 1-6 on each side): a. Attach the female end of the quick-release buckle (short strap) to a movable part of the bed frame, out of the patient's reach. Secure by feeding the female end through the loop in the strap. b. Insert the male end of the cuff strap into the female end of the short strap. Listen for a "snapping" sound. Pull firmly on straps to ensure a good connection. Move the slide buckle next to the male end of the quick-release buckle to prevent the strap from loosening.			
2. Wrap the limb holder cuff around the patient's wrist so the buckle and connecting strap is on the ulnar side of the wrist (opposite the thumb).			
3. Secure the hook and loop fastener. Slide ONE finger (flat) between the cuff and the inside of the patient's wrist to ensure proper fit. The strap must be snug, but not compromise circulation.			
4. Close the quick-release buckle on the cuff. Insert TWO fingers (flat) under the buckle and pull the strap snug, but not so tight as to restrict circulation.			

Rx ONLY

Before use, make sure to read the instructions accompanying the product. A copy of the instruction sheet is included with the product and can also be downloaded at www.posey.com.

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5. Release the quick-release buckle, twist, and reconnect. Listen for a “snapping” sound.			
6. Attach the “hook” end of the cuff strap to the “fuzzy” backing on the cuff to keep the quick-release buckle from sliding.			
7. Adjust the bed strap(s) to allow desired freedom of movement, without compromising patient or caregiver safety.			