

Limb Holders 2625, 2631 CHECKLIST



Facility		Contact	
Facility Name		Name	
Street Address		Title	
City/State/Zip		Nursing Unit	
Instructor		Date	
Signature			

Description	Competency Level	Date	Comments
Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently			
TO PREPARE THE LIMB HOLDERS:			
1. Feed the strap at the narrow end of the triangular cuff through the horizontal slot in the wide end of the cuff. Continue threading the strap through the loop located on the outside of the device.			
2. Thread the strap from the wide end of the cuff through the loop in the opposite direction. For faster application, the restraint can be attached to the bed before placing on the patient's wrist.			
APPLICATION INSTRUCTIONS:			
1. Use method a. or b. below to attach straps to the bed (repeat steps 1-5 on each side): a. Triangulation process; to restrict patient's range of motion: Separate the straps and attach at different points along a movable part of the bed frame, out of the patient's reach, using quick-release ties. b. To increase patient's range of motion: Place the straps together and attach to a single point along a movable part of the bed frame, out of the patient's reach, using quick-release ties.			
2. Position the patient's wrist into the prepared limb holder. Secure the hook and loop fastener			

Before use, make sure to read the instructions accompanying the product. A copy of the instruction sheet is included with the product and can also be downloaded at www.posey.com.

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3. Pull the strap on the narrow end of the triangle snug. Secure the hook and loop fastener.			
4. Slide ONE finger (flat) between the cuff and the inside of the patient's wrist to ensure proper fit. The strap must be snug, but not compromise circulation.			
5. Adjust the bed strap(s) to allow desired freedom of movement, without compromising patient or caregiver safety.			
Note: To remove cuffs, pull up on the hook and loop strap to loosen.			