

Limb Holders 2534, 2554 CHECKLIST



Facility		Contact	
Facility Name		Name	
Street Address		Title	
City/State/Zip		Nursing Unit	
Instructor		Date	
Signature			

Description	Competency Level	Date	Comments
Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently			
<p>APPLICATION INSTRUCTIONS:</p> <p>1. Use method a. or b. below to attach straps to the bed (repeat steps 1-6 on each side):</p> <p>a. Triangulation process; To restrict patient's range of motion: Separate the straps and wrap each of the connecting straps once around a movable part of the bed frame at different points, out of the patient's reach. Close the quick-release buckles. Listen for a "snapping" sound. Pull firmly on straps to ensure a good connection.</p> <p>b. To increase patient's range of motion: Place the straps together and wrap both connecting straps together around a movable part of the bed frame, out of the patient's reach. Close the quick-release buckles. Listen for a "snapping" sound. Pull firmly on straps to ensure a good connection.</p>			
2. Wrap the limb holder cuff around the patient's wrist so the buckle and connecting strap is on the ulnar side of the wrist (opposite the thumb).			
3. Secure the hook and loop fastener. Slide ONE finger (flat) between the cuff and the inside of the patient's wrist to ensure proper fit. The strap must be snug, but not compromise circulation.			
4. Close the quick-release buckle on the cuff. Insert TWO fingers (flat) under the buckle and pull the strap snug, but not so tight as to restrict circulation.			

Before use, make sure to read the instructions accompanying the product. A copy of the instruction sheet is included with the product and can also be downloaded at www.posey.com.

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5. Release the quick-release buckle, twist, and reconnect. Listen for a “snapping” sound.			
6. Attach the “hook” end of the cuff strap to the “fuzzy” backing on the cuff to keep the quick-release buckle from sliding.			
7. Adjust the bed strap(s) to allow desired freedom of movement, without compromising patient or caregiver safety.			