

# Limb Holders 2520, 2528 CHECKLIST



Facility		Contact	
Facility Name		Name	
Street Address		Title	
City/State/Zip		Nursing Unit	
Instructor		Date	
Signature			

Description	Competency Level	Date	Comments
Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently			
<b>APPLICATION INSTRUCTIONS:</b>			
1. The Posey 2520 is a foam limb holder with double opposing straps. The Posey 2528 is a foam limb holder with double opposing straps.			
2. Wrap the limb holder cuff around the patient's wrist so the metal ring is on the ulnar side of the wrist (opposite the thumb).			
3. Secure the hook and loop fastener. Slide ONE finger (flat) between the cuff and the inside of the patient's wrist to ensure proper fit. The strap must be snug, but not compromise circulation.			
4. Bring both connecting straps around the limb, one clockwise and one counterclockwise, and feed them through the metal ring.			
5. Place the straps together and attach to a single point along a movable part of the bed frame, out of the patient's reach, with quick-release ties.			
6. Adjust the bed strap(s) to allow desired freedom of movement, without compromising patient or caregiver safety.			

Rx ONLY

Before use, make sure to read the instructions accompanying the product. A copy of the instruction sheet is included with the product and can also be downloaded at [www.posey.com](http://www.posey.com).

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