

Limb Holder 2510 CHECKLIST



Facility		Contact	
Facility Name		Name	
Street Address		Title	
City/State/Zip		Nursing Unit	
Instructor		Date	
Signature			

Description	Competency Level	Date	Comments
Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently			
APPLICATION INSTRUCTIONS:			
1. Wrap the limb holder cuff around the patient's wrist so the metal ring is on the side of the wrist opposite of the thumb.			
2. Secure the hook and loop fastener. The cuff must be snug, but not compromise circulation. Slide one finger (flat) between the cuff and the inside of the patient's wrist to ensure proper fit.			
3. Loop the connecting strap and bring it through the metal D-ring.			
4. Bring the end of the strap through the loop so that the strap will not tighten if the patient pulls against it.			
5. Secure the strap using a quick-release tie. Wrap the strap around the outer side of the moveable part of the bed frame, out of the patient's reach.			
6. Bring the strap across and then behind the vertical strap to form a loop. Take the end of the strap, form a second loop and bring it through the first loop.			

Rx ONLY

Before use, make sure to read the instructions accompanying the product. A copy of the instruction sheet is included with the product and can also be downloaded at www.posey.com.

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7. Pull down to tighten and tuck any excess strap out of reach.			
8. To release the straps, pull on the tail of the strap.			
9. To remove the cuffs, slide the strap out of the metal ring and release the hook and loop fasteners.			