



Facility Information

Facility Name:

Street Address:

City / State
/ Zip Code:

Instructor:

Signature:

Contact Information

Name:

Title:

Nursing Unit:

Date:

Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently

Description	Competency Level	Date	Comments
<p>APPLICATION INSTRUCTIONS: CHAIR</p> <p>1. Position the patient as far back in the seat as possible, with the buttocks against the back of the chair.</p>			
<p>2. Lay the lap belt across the patient's thighs with the foam facing in.</p>			
<p>3. Bring the ends of the connecting straps down at a 45-degree angle between the seat and the wheelchair sides. Criss-cross the straps behind the chair and draw them around the opposite side kick spurs.</p>			
<p>4. Secure each connecting strap, out of the patient's reach, using a quick-release tie or buckle. Check that the straps are secure and will not change position, loosen, or tighten if the patient pulls on them, or if the chair is adjusted.</p>			
<p>5. The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.</p>			
<p>APPLICATION INSTRUCTIONS: HOSPITAL BED</p> <p>1. Bring the belt around the patient's waist with the foam pad facing in.</p>			

Description	Competency Level	Date	Comments
<p>2. Criss-cross the straps behind the patient, and feed each strap through the positioning loops on the ends of the blue foam pad. The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand(flat) between the belt and the patient.</p>			
<p>3. Secure each connecting strap around a movable part of the bed frame, at waist level, using a quick-release tie or buckle. Check that the straps are secure and will not change position, loosen, or tighten if the patient pulls on them, or if the bed is adjusted.</p>			
<p>APPLICATION INSTRUCTIONS: 5TH POINT RESTRAINT</p> <p>1. Bring the belt around the patient's waist, chest, or legs with the foam pad facing in. The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.</p>			
<p>2. Secure each connecting strap around a movable part of the bed frame, using quick-release ties or buckles. Check that the straps are secure and will not change position, loosen, or tighten if the patient pulls on them, or if the bed is adjusted.</p>			
<p>NOTE: When using over the chest, the straps should go under the arms and attach at chest level, to a movable part of the bed frame. This will prevent the patient from sliding down and becoming entangled.</p>			

Before use, make sure to read the instructions accompanying the product. A copy of the instruction sheet is included with the product and can also be downloaded at www.posey.com