



Posey® Self-Releasing Alarm Belt

CHECKLIST



8399 For most bedside chairs and wheelchairs; adjusts from 31"-77" (79 cm -196 cm).

8399L For most larger bedside chairs, cardiac chairs or recliners and patients with larger waist sizes; adjusts up to 89" (226 cm).

Facility		Contact	
Facility Name		Name	
Street Address		Title	
City/State/Zip		Nursing Unit	
Instructor		Date	
Signature			

Description	Competency Level	Date	Comments
Competency Level Definition: (1) Needs remediation and re-evaluation (2) Performs skill with accuracy under supervision (3) Performs skill with accuracy independently			
INSTRUCTIONS FOR USE:			
1. Sit patient upright in chair.			
2. Place belt around patient's waist with straps toward rear of each side of the chair.			
3. Draw straps down over patient's lap at a 45° angle.			
4. Position strap ends behind chair back as low as possible and so the belt cannot slide up off the chair. Thread tail of pointed strap through both plastic D-rings of other strap, then back over one ring and through the other ring.			
5. Pull strap until belt is snug, but does not cause any discomfort to patient. You should be able to slide your open hand (flat) between the belt and the patient.			
6. Attach loose end of strap to secured belt using small patch of hook on pointed strap end. This will help prevent the excess strap from touching the floor.			
7. Connect cord to alarm at jack labeled "SENSOR." Turn alarm ON. Route cord to prevent tripping hazard and away from chair mechanism (as applicable).			
RELEASING BELT AND TESTING FOR ALARM:			
1. Release belt by pulling on first yellow strap. This will set off the fall alarm. (To stop alarming, re-connect strap. Press hook-and-loop tightly together for proper operation.)			
2. Continue to next yellow strap and pull to release belt from patient. NOTE: the second yellow strap pulls in opposite direction from the first strap.			